

Resource for Health Information

Limited number of sample brochures or pamphlets on various health topics are available. Call (586) 412-3399 for more information.

Smoking Quit Kits

Free self-help materials are available to individuals interested in quitting smoking. Call (586) 412-6393 for more information.



The Macomb County Health Department will not discriminate against any individual or group on the basis of race, color, religion, national origin or ancestry, age, sex, marital status or handicap.

Sponsored by:
Macomb County Board of Commissioners
Administered by:
Macomb County Health Department
Visit our Website at:
www.macombcountymi.gov/publichealth



Working to improve the health status of Macomb County

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Revised 2/2007

Macomb County Health Education Program

Working to improve
the health status of
Macomb County
residents.



*A division of the Macomb County
Health Department*

Tel: 586-412-3399

Health Education Presentations

Speakers are available, free of charge, to present to your community group, school or professional group on a variety of topics. Presentations are listed below. Call (586) 412-3399 for more information.

Chronic Disease Prevention

- Asthma
- Body Image Awareness
- Cancer Risk Reduction
- Cardiovascular Disease Prevention
- Fitness
- High Blood Pressure
- Nutrition
- Osteoporosis
- Smoking Cessation
- Smoking Prevention
- Stress Management
- Sun Safety



Communicable Disease

- Anthrax
- Hepatitis
- Pandemic Influenza
- Smallpox
- West Nile Virus

Safety Issues

- Child Car Seat Safety
- Bicycle Safety
- Buckle Bear
- Home Safety



Sexuality Issues

- Abstinence
- Contraception
- HIV/AIDS
- Maturation
- Sexual Responsibility
- Sexually Transmitted Infections
- Teen Pregnancy Prevention

Child Car Seat Safety Checks

Free car seat safety checks by a Certified Child Passenger Safety Technician are available by appointment year-round. Call (586) 412-3398 for more information.



CPR and First Aid Certification

American Heart Association CPR and/or First Aid certification available for your group. Call (586) 412-3398 for more information.

Displays for Health Fairs

Displays on a health topic or Health Department services can be provided for your community event. Call (586) 412-3399 for more information.